



What does being kind mean to you?



WORLD KINDNESS DAY CONVERSATION STARTER CARDS



How do you feel when you do something kind for others?



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Who is the kindest person you know?



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Can you remember a time when someone surprised you with kindness?



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Can you think of ways that you can be kind to yourself?



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What kind words can you use to encourage and support a friend today?



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How can you be a helper or a problem solver today?



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Can you think of a way to include someone who might be feeling left out today?



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Is there a way you can be kind to the environment today?



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How can you include others in your activities today?



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