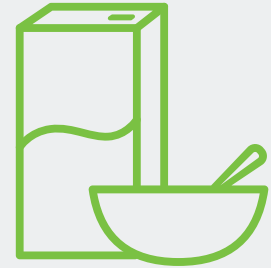




KickStart
BREAKFAST



MINISTRY OF SOCIAL
DEVELOPMENT
TE MANATŌ WHAKAHATŌ ORA



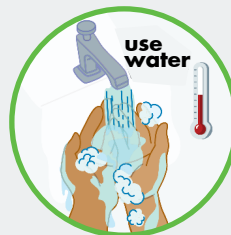
KickStart Breakfast BEST PRACTICE GUIDE

KEEP THE BUGS AWAY - Wash your hands before eating/making food

REMEMBER

THE 20 + 20 RULE
WASH 20 seconds
+
DRY 20 seconds
CLEAN HANDS

WASH



Count to 20

CLEAN



DRY



Count to 20

Remember to cover coughs and sneezes with disposable tissues, or cough and sneeze into your elbow.



KickStart Breakfast encourages the schools to maintain a high level of hygiene when running breakfast clubs and recommends using best practices below.

- ✓ Students to wash their hands before & after eating
- ✓ Frequent hand washing by all volunteers, student leaders or staff
- ✓ If possible, provide disposable gloves for breakfast club
- ✓ Use tongs or serving utensils to safely serve Weet-Bix™ & other breakfast products
- ✓ Minimise face touching
- ✓ Provide & encourage all to use hand sanitizer
- ✓ Wipe surfaces down after students eat
- ✓ Encourage students to scrape leftovers into appropriate bins and rinse their own bowl & spoon
- ✓ Wash dishes in hot soapy water or use a dishwasher
- ✓ Always cover stored food
- ✓ Change tea towels regularly

